

## *Psalm 46*

### **- God is our refuge and strength...**

- Our sense of weakness and dependency is a matter of interpretation.
- The oppressive nature of sin forces us to live as refugees without a home.
- The siren call of strength from within ourselves leads us into destruction...  
...yet God answers on our behalf to remove our fear!

### **- ...the holy habitation of the Most High...**

- The psalmist wrestled with his own sense of surrounding destruction...  
...yet the “Holy City” on earth is still eventually destroyed well after this!
- The things of God are above the things of man...  
...meanwhiles we are consumed by battles over comparatively little things...  
...and our foundations of love for our fellow creatures risks eroding away
- While all else gives way around us, God stands steadfast and immovable!

### **- ...The LORD of hosts is with us; the God of Jacob is our fortress.**

- Stillness silently fosters knowledge by listening instead of speaking!
  - Within ourselves: God made our bodies to give us cues for what we need!
  - With our fellow creatures: EVERY voice is precious and worth protection!
  - With our Creator: Stop telling God what your plans are...  
....and dig into Scripture to hear what his are!
- Our battle cry is made out of brokenness, not power!
- God creates a home for us within His house and calls us to rest secure!



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